

SONA'S KITCHEN - SUPPORT AT HOME MENU

Prices in AUD. 30% co-payment shown as "You Pay". 70% subsidy invoiced to your approved Support at Home provider.

COMPLETE MEALS

Chicken Complete Meals

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Butter Chicken Biryani	330g	\$12.90	\$3.87	\$9.03
Butter Chicken with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Chicken Biryani	350g	\$12.90	\$3.87	\$9.03
Chicken Curry Mughlai with Saffron Rice	350g	\$12.90	\$3.87	\$9.03
Chicken Korma with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Chicken Tikka Masala with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Chicken Tikka with Butter Garlic Rice	350g	\$14.90	\$4.47	\$10.43
Malai Chicken Tikka with Veg Pilaf	350g	\$14.90	\$4.47	\$10.43
Tandoori Chicken & Cumin Roast Potatoes	350g	\$14.90	\$4.47	\$10.43
Tandoori Chicken Tikka Bowl	350g	\$12.90	\$3.87	\$9.03

Vegetarian Complete Meals

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Butter Paneer with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Daal Makhni with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Daal Tadka with Basmati Rice	350g	\$11.95	\$3.59	\$8.36
Homestyle Chana Dal Khichdi	350g	\$12.90	\$3.87	\$9.03
Idli with Tomato Coconut Chutney	350g	\$12.92	\$3.88	\$9.04
Masala Khichdi	350g	\$12.90	\$3.87	\$9.03
Palak Paneer with Saffron Rice	350g	\$12.90	\$3.87	\$9.03
Soy n Chickpeas Biryani	350g	\$12.90	\$3.87	\$9.03
Vegetarian Biryani	350g	\$12.90	\$3.87	\$9.03

Beef & Seafood Complete Meals

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Beef Vindaloo with Basmati Rice	350g	\$12.90	\$3.87	\$9.03
Prawn Madras with Basmati Rice	350g	\$13.90	\$4.17	\$9.73

CURRIES

Chicken Curries

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Butter Chicken	450g	\$15.90	\$4.77	\$11.13
Chicken Curry - Home Style	450g	\$15.90	\$4.77	\$11.13
Chicken Curry Mughlai	450g	\$15.90	\$4.77	\$11.13
Chicken Korma	450g	\$15.90	\$4.77	\$11.13
Chicken Tikka Masala	450g	\$15.90	\$4.77	\$11.13
Mango Chicken	450g	\$15.90	\$4.77	\$11.13

Vegetarian Curries

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Butter Paneer	450g	\$15.90	\$4.77	\$11.13
Chickpeas Masala	450g	\$15.90	\$4.77	\$11.13
Daal Makhni	450g	\$15.90	\$4.77	\$11.13
Daal Tadka	450g	\$14.90	\$4.47	\$10.43
Matar Paneer	450g	\$15.90	\$4.77	\$11.13
Palak Paneer	450g	\$15.90	\$4.77	\$11.13
Paneer Tikka Masala	450g	\$15.90	\$4.77	\$11.13
Sambar	450g	\$14.90	\$4.47	\$10.43
Veg Jalfrezi	450g	\$15.90	\$4.77	\$11.13

Beef & Lamb Curries

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Beef Vindaloo	450g	\$16.90	\$5.07	\$11.83
Dum Ka Gosht	450g	\$16.90	\$5.07	\$11.83
Lamb Rogan Josh	450g	\$16.90	\$5.07	\$11.83

PROTEIN PLUS

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Chicken Tikka - Classic	250g	\$16.90	\$5.07	\$11.83
Chicken Tikka - Mint n Chilli	250g	\$16.90	\$5.07	\$11.83
Chicken Tikka - Peri Peri	250g	\$16.90	\$5.07	\$11.83
Chicken Tikka - Saffron	250g	\$16.90	\$5.07	\$11.83
Paneer Tikka	250g	\$16.90	\$5.07	\$11.83
Seekh Kebab - Chicken	250g	\$14.90	\$4.47	\$10.43

RICE & BREADS

Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Butter Garlic Rice	300g	\$6.00	\$1.80	\$4.20
Garlic Naan (2 Pack)	190g	\$6.00	\$1.80	\$4.20
Golden Turmeric Rice	300g	\$6.00	\$1.80	\$4.20
Saffron Rice	300g	\$6.00	\$1.80	\$4.20
Wholemeal Roti (4 Pack)	240g	\$6.00	\$1.80	\$4.20

BUNDLES (REFER TO WEBSITE FOR DETAILS)				
Dish	Weight	Total Value	You Pay (30%)	Govt Subsidy (70%)
Aussie Family Dinner Pack	Varied	\$79.00	\$23.70	\$55.30
Curry Night for Two	Varied	\$75.00	\$22.50	\$52.50
Footy & Mates Share Box	Varied	\$159.00	\$47.70	\$111.30
High Protein Gym Box	Varied	\$139.00	\$41.70	\$97.30
Try Sona's - Best Sellers Sampler	Varied	\$69.00	\$20.70	\$48.30
Veggie & Paneer Lovers Box	Varied	\$89.00	\$26.70	\$62.30

Support at Home approved | HACCP certified | Halal certified. Prices subject to change; final pricing confirmed at order.